



March 2020



Van Service to Town- Sign up at Reception: **Mon. 12PM - 2PM, Tues. & Thurs. 9AM -12PM, Wed., & Fri. 10AM - 12PM**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>5:30 Dinner Served</p>	<p>2</p> <p>9AM SAV Exercise - A/C</p> <p>4PM Bible Study PD</p>	<p>3</p> <p>1:30 Movie & Popcorn "Lost Horizon" MR</p>	<p>4</p> <p>9AM SAV Exercise - A/C</p> <p>1:30PM Cribbage PDR</p>	<p>5</p> <p>9AM Nathan's Pharmacy Presentation s/u</p>	<p>6</p> <p>9AM SAV Exercise - A/C</p> <p>1:30PM Bingo - PDR</p>	<p>7</p> <p>10AM Coffee & Chat</p>
<p>8</p> <p>Daylight Savings Time Begins Clocks Ahead 1 Hour!</p> <p>12:00 Brunch</p>	<p>9</p> <p>9AM SAV Exercise - A/C</p> <p>4PM Bible Study PD</p> <p>5:30 March Dinner Mix-up</p>	<p>10</p> <p>10: 00 Residents Crafting In the workshop w/s</p> <p>1:30 Join us for Corn hole!</p>	<p>11</p> <p>9AM SAV Exercise - A/C</p> <p>11AM Liz plays the Pan Drum! s/u</p> <p>1:30PM Cribbage</p>	<p>12</p> <p>1:30 PM Wii Games</p>	<p>13</p> <p>9AM SAV Exercise - A/C</p>	<p>14</p> <p>10AM Coffee & Chat</p>
<p>15</p> <p>12:30 PM Bus leaves for Portland Symphony s/u</p> <p>1:00 Bus leaves for Mid-coast Symphony s/u</p> <p>5:30 Dinner Served</p>	<p>16</p> <p>9AM SAV Exercise-</p> <p>1:30 PM Music with Randy Lindsey</p> <p>4PM Bible Study</p>	<p>17 Happy St. Patrick's Day!</p> <p>2-4 Hearing Life</p> <p>5:30 Social Gathering</p> <p>6PM Dinner Served</p>	<p>18</p> <p>9AM SAV Exercise - A/C</p> <p>10-12 Health Clinic w/Wendy RN s/u</p> <p>1:30PM Cribbage</p>	<p>19</p> <p>4PM Music with Kevin Kiley</p>	<p>20</p> <p>9AM SAV Exercise - A/C</p> <p>1:30PM</p>	<p>21</p> <p>10AM Coffee & Chat</p>
<p>22</p> <p>12:00</p>	<p>23</p> <p>9AM SAV Exercise</p> <p>2PM Music w/ Lefty!</p> <p>4PM Bible Study PD</p>	<p>24 9:15 Cottage Roundtable Meeting PD</p> <p>1:00 PM I/Living Town Hall Meeting **</p>	<p>25</p> <p>11AM Amtrak Info PDR</p> <p>9AM SAV Exercise - A/C</p> <p>1:30 PM Cribbage</p> <p>2PM Book Club Lib</p>	<p>26</p> <p>9:30 Bus leaves for Portland Flower Show & Lunch at Royall River Grill s/u</p>	<p>27</p> <p>9AM SAV Exercise - A/C</p> <p>2PM SAV Birthday Party PDR - s/u</p>	<p>28</p> <p>10AM Coffee & Chat</p>
<p>29</p> <p>5:30 Dinner Served</p>	<p>30</p> <p>9AM SAV Exercise</p> <p>4PM Bible Study PD</p>	<p>31</p> <p>10: 00 Residents Crafting In the workshop w/s</p> <p>1:30 Movie & Popcorn "Ladies in Lavender"</p>				
<p>31</p> <p>12:00 Brunch</p>	<p>Reminder:</p> <p>Things in blue are: "Open to the Public" Please invite your Family & Friends!</p>		<p>A/C - Arts & Crafts</p> <p>Lib - Library</p> <p>L/R - Living Room (I/L)</p> <p>MR - Media Room</p> <p>PD - Private Dining</p> <p>PDR - Pinkham (Main) Dining</p> <p>S/U - Sign-up</p>	<p>Podiatrist Visit Tues., March 18 Please call Barbara To schedule your Appt. 633-0920</p>	<p>****</p> <p>Independent Town Hall meeting date change- this month only March 24 1PM</p>	<p>St. Columba's Episcopal Church Service 1st Tues. of each month @ 10:30 am Located in the SAV Chapel.</p>