

Village Voices



News of St. Andrews Village

Winter 2016

Gregory Wing State Inspection Finds No Deficiencies For Second Year Running



Article and Photo by Alan Crowell, LincolnHealth

For the second time in two years, state inspectors found no deficiencies during an unannounced inspection of the Gregory Wing at St. Andrews Village.

Cathryn Rayle, RN, director of nursing at the Gregory Wing, said the no-deficiency finding is a testament to the care provided by a dedicated group of nurses and certified nursing assistants who know their residents and work well with the other departments, including housekeeping, maintenance and dietary.

A team of four inspectors spent two-and-a-half days at the Gregory Wing interviewing residents

and staff, inspecting the kitchen and other parts of the facility and going through medical records. By far the most important part of the inspection, however, was the interviews with the people receiving the care and those who provide the care.

“In my experience,” said Rayle, “when they come in and see the residents are happy, the staff is happy and the families are happy, you usually have a good result.”

Nursing homes are the most highly regulated industry in Maine with regulations covering nearly every detail of how care is provided, including how rooms are laid out, food is prepared and the laundry is done.

The state does unannounced inspections of every Maine nursing home once a year. The results provide valuable feedback for staff and are used by the Centers for Medicare and Medicaid’s Services’ (CMS) Nursing Home Compare website, which rates the quality of care at different facilities.

The Gregory Wing has a five-star rating on all three categories used to calculate the overall rating – health inspections, staffing and quality measures – as well as five stars overall. According to the CMS website, a five-star rating indicates “much above average.”

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(search “St. Andrews Village Maine”)

If you are on FaceBook, be sure to “LIKE” the St. Andrews Village page. We post weekly about news, events, open-houses, and recognitions...plus some contests, fun photos and more!

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A well-documented reputation for high quality care at the Gregory Wing is one reason for the construction of the Zimmerli Pavilion, a 12-bed expansion due to open in 2016. The dually-licensed beds will allow people from the Boothbay region to stay close to family and friends when they need either skilled rehabilitation or long-term care. The Zimmerli Pavilion is named in honor of Rev. Dr. Mary Jo Zimmerli, a beloved minister and former LincolnHealth trustee who was committed to ensuring that high quality skilled care and long-term care remain accessible to people in the Boothbay region.

Behind the Gregory Wing's reputation for quality care is a stable staff that knows each other and their residents, said Rayle.

"We have the best team that I have ever worked with and we all have different strengths," said

Rayle. "Housekeeping, maintenance and dietary, they all work together."

Most of the nursing staff grew up together; even rode the school bus together and they work together extremely well, said Elizabeth Barter, RN, Clinical Nurse Manager at St. Andrews Village.

If one is unable to work a shift, another will cover for her, ensuring that the facility is always appropriately staffed.

Most of the residents are also from the area and staff will usually know them or their family, which makes the Gregory Wing function as a community within the larger community of the Boothbay region.

"I think it helps establish a bond and a trust with the families from day one. It gives them a level of comfort and trust," said Rayle.

We are Pet Friendly!



St. Andrews Village understands that animals are a part of your family and we recognize that they can have health and wellness benefits. We welcome pets and pet visitors!

A trail system abuts the Village property for dog-walking and we often have animal-related events!

senior living options and levels of care

Choosing the right senior living option for you or your loved one depends on your needs and personal preferences. By extending its senior living options and levels of care, St. Andrews has created a new paradigm for senior living in Mid-Coast Maine.

Independent Living - for people who are interested in purchasing an Independent Living cottage or renting an apartment.

Assisted Living - for people needing assistance with Activities of Daily Living (such as medication management) but who wish to live as independently as possible for as long as possible.

Memory Care - a distinct form of long-term skilled nursing that specifically caters to patients with Alzheimer's disease, dementia and other types of memory problems.

Long-term Care (Nursing and Rehabilitative) - offers a variety of services which help meet both the medical and non-medical needs of people with a chronic illness or disability.

Skilled-Rehabilitation - offering skilled rehabilitation services for those recovering from an acute illness, injury or post-surgery - all in private rooms with private bathrooms and hotel-like amenities.

Respite Stay - provide short-term or temporary care for those who are sick or disabled. This is usually a few hours or weeks and provides relief to the regular caregiver, usually a family member.

Hospice - through Home Health & Hospice, a program that provides special care for people who are near the end of life.

Opening Soon: The Zimmerli Pavilion

A reception celebrating the Pavilion's anticipated opening will be held in the spring. Stay tuned!



The Care You Need, Close to Home

This beautiful, new facility is St. Andrews Village's newest addition. This means the care you or your loved one will receive is close to home. With the right combination of personal care and integrative therapy, the focus is to help you get back to living the way you want to as quickly as possible.

Private Skilled Care

When the Zimmerli Pavilion opens, it will be the newest skilled care facility in Maine and the only one in Lincoln County with exclusively-private rooms. Each well-appointed, comfortable room has its own private bathroom with shower.

Services

We know the care you receive during your recovery makes a huge difference in your overall outcome. Our experienced professional team works with you to develop a plan that suits your needs and preferences. Our state-of-the-art technology and comprehensive services include physical therapy, occupational therapy and speech therapy.

2015. Special events were held nearly every month in 2015, many with focused topics. Included were Alzheimer's Awareness, Identity Theft, an Assisted Living Panel Discussion, and the Aid & Attendance Veterans benefit. Other special events included visits from Wind Over Wings, the DaPonte String Quartet, Moose Mountain Jazz, a Harvest Tasting, Hawaiian Luau and a few celebrated authors!



2016. Plans are underway for scheduling and planning interesting and exciting special events and daily activities for this year. You can always check the homepage of our website at www.standrewsvillage.com to see the latest news and calendar of events.

Experience Dining at the Village!

When residents are asked what they enjoy most about St. Andrews Village, they say: quality of life, family & friends, attentive staff...and the food! In fact, the food is SO GOOD that we would like you to be our guest(s) in our beautiful dining room. Simply call 633-0920 to make your complimentary reservation!

(Limit one visit, maximum two people.)

We were full of smiles in 2015!

