

Birth Flower: Aster / Morning Glory



Birth Stone: Sapphire
























September 2016



Van Service to Town - Sign-up at Reception: Monday 12PM - 2PM, Tues., Wed., Thurs., & Friday 10AM - 12PM



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>P/D - Private Dining PDR - Pinkham Dining A/C - Arts & Crafts M/R - Media Room L/R - Living Room Lib - Library</p>	<p>Reminder: <i>All things in blue are:</i> "Open to the Public" <i>Please invite your Family & Friends!</i></p>	<p> <i>St. Columba's Episcopal Church Service 1st Tues. of each month @ 10:30 am Located in the SAV Chapel.</i></p>		<p>1 9AM Bridge - PDR 12PM Bus leaves for 3 Hour Boat Trip on the Kennebec River - Bath s/u</p>	<p>2 9AM SAV Exercise - A/C </p>	<p>3 9AM Coffee & Chat </p>
<p>4 5:30 Dinner Served</p>	<p>5 Labor Day! No Van Service Administrative Offices CLOSED</p>	<p>6 3:30 Bus leaves for the Wellness Center to listen to Dr. William Stamey - Specialist in Parkinson's & Movement Disorders s/u</p>	<p>7 9AM SAV Exercise - A/C 3PM Bus leaves for CMBG Cart Tour s/u </p>	<p>8 9AM Bridge - PDR 10 - 12PM Steve Goold, RN 2PM Parkinson's Support Group - Wellness Center s/u 6:15 Bus leaves for Carousel Dinner Theater</p>	<p>9 9AM SAV Exercise - A/C </p>	<p>10 9AM Coffee & Chat </p>
<p>11 Grandparents Day! 12:00 Brunch </p>	<p>12 9AM SAV Exercise - A/C 2PM Heather Hardy - PDR </p>	<p>13 9:30 Bus leaves for Portland Museum of Art & Lunch at the Royal River Grille - Yarmouth s/u</p>	<p>14 9AM SAV Exercise - A/C </p>	<p>15 9AM Bridge - PDR 2:30 David Stone - PDR </p>	<p>16 9AM SAV Exercise - A/C Movie & Popcorn - MR "In the Heart of the Sea"</p>	<p>17 National Eat an Apple Day! 9AM Coffee & Chat </p>
<p>18 1PM Randy Lindsey  5:30 Dinner Served</p>	<p>19 9AM SAV Exercise - A/C </p>	<p>20 1PM I/L Town Hall Meeting - PD 2:30 PM "The Upside of Downsizing" PDR s/u</p>	<p>21 9AM SAV Exercise - A/C SAV Community Dinner - s/u 5:30 Cocktails 6PM Dinner Served</p>	<p>22 9AM Bridge - PDR 2PM  PDR s/u</p>	<p>23 9AM SAV Exercise - A/C 9 - 3PM Beltone  I/L Apt. #111 - s/u</p>	<p>24 9AM Coffee & Chat </p>
<p>25 12Noon  <i>Sunday Brunch</i></p>	<p>26 9AM SAV Exercise - A/C 1:30 Lefty - PDR s/u </p>	<p>27 9:15 Cottage Roundtable Meeting - PD 2PM Jerry Wiles - A/C </p>	<p>28 9AM SAV Exercise - A/C 9:30 Bus leaves for the Portland Science Center and the Titanic Exhibit s/u</p>	<p>29 9AM Bridge - PDR 2PM SAV Birthday Party PDR - s/u </p>	<p>30 9AM SAV Exercise - A/C 3PM Kevin Farley "The Irish Guy"  Irish Music</p>	<p>Podiatrist Visit Tues., Sept. 20th Please call Barbara To schedule your Appt. 633-0920</p>