



Birth Flower - Marigold

Birth Stone - Opal

# October 2016



Van Service to Town - Sign up at Reception: **Mon. 12PM - 2PM, Tues. - Friday 10AM - 12PM.**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
A/C - Arts & Crafts Lib - Library L/R - IL Living Room M/R - Media Room PD - Private Dining PDR - Main Dining S/U - Sign Up		 <i>St. Columba's Episcopal Church Service 1st Tues. of each month @ 10:30 am Located in the SAV Chapel.</i>				<b>1</b> <i>"Int. Coffee Day!!"</i> 10AM Hospice Remembrance Ceremony - Gardens 10AM Coffee & Chat - PD 
<b>2</b> 5:30 Dinner Served	<b>3</b> 9AM SAV Exercise - A/C 9AM Bridge - PDR 1PM SAV Resident Flu Clinic PDR s/u	<b>4</b> 	<b>5</b> 9AM SAV Exercise - A/C 1PM Bus leaves for Fall Foliage Ride - Alna s/u	<b>6</b> 9AM Bridge - PDR 2PM Bingo - PDR s/u 	<b>7</b> 9AM SAV Exercise - A/C 	<b>8</b> 10AM Coffee & Chat 12PM Bus leaves for Met Opera - Tristan & Isolde s/u
<b>9</b> <b>12:00 Brunch</b>  12:30 Bus leaves for Sunday Classical Series Bethovan's Fourth s/u	<b>10</b> <i>"Columbus Day!"</i> 9AM SAV Exercise - A/C 9AM Bridge - PDR 2PM Heather Hardy - PDR s/u 	<b>11</b> <b>11AM - 12 Balancing Act SAC Wellness Center</b> s/u s/u 1PM Bus leaves for Damariscotta Pumpkin Viewing & Biscay Orchards	<b>12</b> 9AM SAV Exercise - A/C <b>1:30 - 3PM Alzheimer's Presentation</b> PDR s/u	<b>13</b> 9AM Bridge - PDR <b>2PM Send Off for "Carol Howe"</b>	<b>14</b> 9AM SAV Exercise - A/C 7PM Bus leaves for Tugboat Dinner & Music of Kay Brown s/u	<b>15</b> 10AM Coffee & Chat 
<b>16</b> 5:30 Dinner Served	<b>17</b> 9AM SAV Exercise - A/C 9AM Bridge - PDR 1:30 Randy Lindsey - PDR s/u	<b>18</b> <b>11AM - 12 Balancing Act SAC Wellness Center</b> s/u 1PM I/L Town Hall Meeting PD	<b>19</b> 9AM SAV Exercise - A/C SAV Community Dinner 5:30 Social Gathering 6PM Dinner s/u	<b>20</b> 9AM Bridge - PDR 2:30 David Stone - PDR s/u 	<b>21</b> 9AM SAV Exercise - A/C 	<b>22</b> 10AM Coffee & Chat 12PM Bus leaves for Met Opera - Don Giovanni s/u
<b>23</b> <b>12:00 Brunch</b>  Bus leaves at 1PM for MidCoast Symphony s/u	<b>24</b> 9AM SAV Exercise - A/C 9AM Bridge - PDR 1:30 Lefty - PDR s/u 	<b>25</b> 9:15 Cottage Roundtable Meeting - PD <b>11AM - 12 Balancing Act SAC Wellness Center</b> s/u 2PM Jerry Wiles - A/C s/u	<b>26</b> 9AM SAV Exercise - A/C 2PM Movie & Popcorn <i>"A Prairie Home Companion"</i> s/u 	<b>27</b> 9AM Bridge - PDR 2PM SAV Birthday Party - s/u PDR 	<b>28</b> 9AM SAV Exercise - A/C <b>2PM Harvest Sweets-n-Treats - PDR</b> s/u 	<b>29</b> 10AM Coffee & Chat 
<b>30</b> 5:30 Dinner Served	<b>31</b> <i>"Happy Halloween!"</i> 9AM SAV Exercise - A/C 9AM Bridge - PDR 10 - 10:30 Halloween Costume Parade by the Elementary Children 			<b>Reminder:</b> <i>All things in BLUE are:</i> <b>"Open to the Public"</b> <i>Please invite your Family &amp; Friends!</i>	Podiatrist Visit <b>Tues., 18th</b> Please call Barbara To schedule your Appt. 633-0920	