

























Birth Flower: Carnation
Snowdrop
Birth Stone: Garnet



January 2017



Van Service to Town - Sign up at Reception: **Monday 12PM - 2PM, Tues. - Fri., 10AM - 12PM**

 Sun	Mon	Tue	 Wed	Thu	Fri	Sat 
<p>1 12Noon Meal - s/u</p> 	<p>2 Administrative Offices "CLOSED" No Exercise or Van Service 9AM Bridge - PDR</p>	<p>3 10-12PM Steven Goold, RN s/u</p> 	<p>4 9AM SAV Exercise - A/C</p> 	<p>5 9AM Bridge - PDR 1:15PM Bus leaves for Parkinson's Meeting - Miles</p>	<p>6 9AM SAV Exercise - A/C</p> 	<p>7 10AM Coffee & Chat 12PM Bus leaves for Met Opera at LCCT Verdi - "Nabucco" s/u</p>
<p>8 12:00 Brunch</p> 	<p>9 9AM SAV Exercise - A/C 9AM Bridge - PDR 10AM Annual SAVA Meeting - PDR / PD</p>	<p>10</p> 	<p>11 9AM SAV Exercise - A/C</p>	<p>12 9AM Bridge - PDR 2PM Movie & Popcorn s/u "Emma's Chance" MR</p> 	<p>13 9AM SAV Exercise</p>  <p>2PM Black Cat Bingo! PDR - s/u</p>	<p>14 10AM Coffee & Chat 1PM Old Time Sing a long with Bruce Hardina PDR s/u</p> 
<p>15 12:30 bus LVS for Portland Symphony - PDR s/u 1PM bus LVS for Mid-Coast Symphony - PDR s/u 5:30 Dinner Served</p>	<p>16 <i>Martin Luther King Jr. Day</i> 9AM SAV Exercise - A/C 9AM Bridge - PDR</p>	<p>17 1PM I/L Town Hall Meeting - PD 1:30 Randy Lindsey - MR</p> 	<p>18 9AM SAV Exercise - A/C SAV Community Dinner 5:30 Social Gathering & Welcome for New Residents 6PM Dinner</p>	<p>19 9AM Bridge - PDR 2:30 David Stone - PDR s/u</p> 	<p>20 9AM SAV Exercise - A/C</p>	<p>21 10AM Coffee & Chat 12PM Bus leaves for Met Opera at LCCT Gounod's "Romeo & Juliette" s/u</p> 
<p>22 12:00 Brunch</p> 	<p>23 9AM SAV Exercise - A/C 9AM Bridge - PDR 1:30 Lefty - PDR s/u</p> 	<p>24 9:15 Cottage Roundtable Meeting - PD 10:30 Cribbage PDR - s/u 2PM Jerry Wiles - A/C s/u</p>	<p>25 9AM SAV Exercise - A/C 3:30 PM Sarah Foulger - PD</p> 	<p>26 9AM Bridge - PDR</p>	<p>27 9AM SAV Exercise - A/C 2PM SAV Birthday Party PDR - s/u</p> 	<p>28 10AM Coffee & Chat 2PM Music & Goodies with Junction 27 - PDR - s/u</p> 
<p>29 5:30 Dinner Served</p> 	<p>30 9AM SAV Exercise - A/C 9AM Bridge - PDR</p>	<p>31</p> 	<p> <i>St. Columba's Episcopal Church Service 1st Tues. of each month @ 10:30 am Located in the SAV Chapel.</i></p>	<p>REMINDER:  Things in "BLUE" are Open to the Public - Invite your Family and Friends. All are Welcome!</p>	<p>Podiatrist Visit Tues., Jan. 24th Please call Barbara To schedule your Appointment.</p>	<p>A/C - Arts & Crafts Lib - Library L/R - Living Room (IL) MR - Media Room PD - Private Dining Room PDR - Main Dining Room S/U - Sign Up</p>