







July Assisted Living Activities



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|--|--|--|---|---|
| <p>1 Sunday Telegram 10:00- Congo Church Channel 1301</p> | <p>2 9:00- Portland Press 3:00- Refreshments/chat</p> | <p>3 Morning Walk 10:00- Morning Walk 3:00- Refreshments</p> | <p>4 Happy 4th </p> | <p>5 9:00- Boothbay Register And Coffee 3:30- Porch Sitting</p> | <p>6 9:30-Manicures/foot soaks 3:30- Refreshments</p> | <p>7 Saturday News 5:00- Laurence Welk</p> |
| <p>8 Sunday Paper Congo Church Channel 1301</p> | <p>9 9:30- Crafts and Chat 1:30- Movie in Media Room</p> | <p>10 Bonnies Beauty Shop 10:00- Morning Walk 2:00- Afternoon Ride</p> | <p>11 9:30-Make a Strawberry Pie  2:00- Scrabble Hour</p> | <p>12 9:30- Range of Motion 3:30- Music with Dave Stone</p> | <p>13 9:30- 1x1 Manicures 12:00- Lunch Outing</p> | <p>14 Saturdays News 5:00- Laurence Welk Channel 10</p> |
| <p>15 Sunday Telegram Congo Church Channel 1301</p> | <p>16 9:30- Crafts and Chat 3:00- Life Stories</p> | <p>17 Bonnies Beauty Shop 10:00- Morning walk 2:00- Afternoon Ride Newcastle </p> | <p>18 9:30- Make a Summer Salad 3:00 Afternoon game</p> | <p>19 9:30- Range Of Motion 5:00- Dinner Outing Band Concert</p> | <p>20 1x1-Manicures/Foot Soaks 2:00- Crosswords</p> | <p>21 Saturdays News 5:00- Laurence Welk Channel 10</p> |
| <p>22 Sunday Telegram 10:00 Congo Church Channel 1301</p> | <p>23 9:00- Crafts and Chat 1:30- Movie in Media Room</p> | <p>24 Bonnies Beauty Shop 10:00- Morning Walk 2:00- Afternoon Crafts</p> | <p>25 9:30- Make Cookies 12:30- Music with Lefty</p> | <p>26 9:30- Range of Motion 3:30- Lemonade Social</p> | <p>27 12:00- Lunch at Robinsons Wharf</p> | <p>28 Saturdays News 5:00- Laurence Welk</p> |
| <p>29 Sunday Telegram 10:00- Congo Church Channel 1301</p> | <p>30 9:00-Art Time 1:30-Manicures</p> | <p>31 Bonnies Beauty Shop 10:00- Morning Walk 2:00- Afternoon Ride</p> | <p></p> | <p>Fruit of the Month Strawberry</p> | | |