













Independent Living Calendar



July 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|---|--|--|
|  | <p>1</p> <p>9:15 & 10:30 Mindful Movements</p> <p>1:30 Chris & Dave 🎵</p> | <p>2</p> <p>1:30 </p> | <p>3</p> <p>11:15 Bus leaves for CMBG Horticulture Program</p> | <p>4</p> <p> Happy 4th of July 12:00 Noon Meal Today Admin offices closed </p> | <p>5</p> <p>1:30 Book talk with Author David Hirzel <i>Socialite and the Sea Captain</i></p> | <p>6</p> <p>10AM Coffee & Chat! </p> |
| <p>7</p> <p>12:00 Brunch 1:30 Residents Paint 2:00 Bridge</p> | <p>8</p> <p>9:15 & 10:30 Mindful Movements</p> <p>1:30 Join us for a Movie: <i>Casa Blanca</i></p> | <p>9</p> <p>1:30 Chamber Music w/Maine Friends of Music (<i>Main Dining</i>) </p> | <p>10</p> <p>11:15 Bus leaves for CMBG Horticulture Program</p> | <p>11</p> <p>9:15 & 10:30 Mindful Movements</p> <p>4:00 Wine, Cheese, Music with Kevin K. </p> | <p>12</p> <p>12:15 Bus leaves for MSMT: <i>Funny Girl</i> \$\$ s/u</p> | <p>13</p> <p>10AM Coffee & Chat! </p> <p>12:15 Bus leaves for Leslie Whitehouse Celebration of Life s/u</p> |
| <p>14</p> <p>1:00 Residents Paint 2:00 Bridge 5:30 Dinner Served</p> | <p>15</p> <p>9:15 & 10:30 Mindful Movements</p> <p>1:30 Book Club 2:30 Mickey Felder Jazz Piano 🎵</p> | <p>16</p> <p>10:00 Apt Meeting</p> <p>1:30 Tech Talk with Bethany from The BBH Library (<i>Main Dining</i>)</p> | <p>17</p> <p>11:15 Bus leaves for CMBG Horticulture Program</p> | <p>18</p> <p>9:15 & 10:30 Mindful Movements</p> <p>12:00 noon Summer Party w/ Novel Jazz (<i>Patio</i>)</p> | <p>19</p> <p>1:30 Join Claude Ducloux leads an ole- fashioned sing along! (<i>Main Dining</i>) 🎵</p> | <p>20</p> <p>10AM Coffee & Chat! </p> |
| <p>21</p> <p>12:00 Brunch 1:30 Residents Paint 2:00 Bridge</p> | <p>22</p> <p>9:15 & 10:30 Mindful Movements</p> <p>10-2 Resident Art & Craft Show featuring: Wayne Robbins and Joanne Amos</p> | <p>23</p> <p>10:00 Cottage Meeting</p> <p>1:30 Join us for a Movie: <i>Mutiny on the Bounty</i></p> | <p>22</p> <p>11:15 Bus leaves for CMBG Horticulture Program</p> | <p>25</p> <p>9:15 & 10:30 Mindful Movements</p> <p>1:30 Join us for a trip to the DMR Aquarium in BBH! \$\$</p> | <p>26</p> <p>1:30 Book Talk with author Gerry Gawalt <i>Terror on the Maine Frontier</i></p> | <p>27</p> <p>10AM Coffee & Chat! </p> |
| <p>28</p> <p>1:00 Residents Paint 2:00 Bridge 5:30 Dinner Served</p> | <p>29</p> <p>9:15 & 10:30 Mindful Movements</p> <p>1:30 Birthday Party</p> | <p>30</p> <p>3:00 Coffee & Chat With Pastor Todd (<i>Main Dining</i>) </p> | <p>31</p> <p>11:15 Bus leaves for CMBG Horticulture Program</p> | <p></p> | <p>Wednesdays and Fridays: Walking Group! Meet in the lobby at 10AM</p> | |

PODIATRIST 7/31 Please contact Barbara for appointments.

VETERANS Monthly meeting Wed 7/17 2:00pm - Private Dining Room

HAPPY HOUR Every Friday at 4:15pm in the Living Room. B.Y.O.B. and an appetizer to share if you would like

CHURCH SERVICE St. Columba's Episcopal Church Service, third Thursday every month 10:15am P.Dining

JULY BIRTHDAYS

- 12 Carol Atwood Lyon
- 17 Ginny Grinnell
- 28 Doc Schilke
- 29 Nancy Schilke

